

# FIGHT or Flight

October 30 – 31 & November 5 – 7, 2021

Danceworks Studio Theatre

Original compositions by Sam Mullooly

Artistic Director Christal Wagner and Danceworks Performance MKE collectively take a scientific approach to unearthing what happens when the nervous system goes haywire. This concert offers a meditative exploration of movement and visuals that dive into the stress cycle, the nervous system and its various subdivisions. Influenced by the stressors of the Covid-19 Pandemic, the company aims to support our community struggling with mental health and general stress through a year-long mission that exposes how we can overcome these deeply wired roadblocks and reveal a path to a healthier future. We offer an educational and microscopic look into the fight, flight or freeze response by exploring ideas anyone can employ to become more deeply self aware. Composer Sam Mullooly premieres an ambitious work of complimentary sentiment titled "A Balance."

Visit [DanceworksMKE.org](https://DanceworksMKE.org) for  
Single tickets / Season Subscriptions / Info

Photo by DPMKE Artistic Director Christal Wagner

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# Sonder

January 27 – 30, 2022

Next Act Theatre

Original compositions by Twin Talk

**Sonder – the realization that each random passerby lives a life as vivid and complex as your own...**

Senior company member and Choreographer Gina Laurenzi collaborates with Chicago band Twin Talk to create a contemporary movement experience with a jazz influence. In SONDER, we welcome live music to the stage as DPMKE dancers and Twin Talk share space, tune into one another and playfully delight in improvisation. Crafting a blend of sound and movement guaranteed to set a mood and satisfy the senses, the artists invite the audience into an intimate world as they flow into conversation, communicating through their respective art forms.



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Photo by DPMKE Artistic Director Cristal Wagner

  
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# Sobriquet

**May 7 – 8 &  
May 13 – 15, 2022**  
**Danceworks Studio Theatre**

This DPMKE curated concert features the ideas of the performers and guest artists of DPMKE as they explore the impacts of labels, their danger to society, and the liberating effects of restructuring the societal labels around us. In a curious investigation of the internal assignment of ideas we apply to ourselves and others on a daily basis, Danceworks aims to heighten the voices of the BIPOC and LGBTQ+ company and community members. In this concert, we collectively break down the use of stereotypes, internal bias, fear, stigma, shame and the inability to separate a person from a label dubbed by society and/or self.

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