

DYPC Tips for Rehearsal Success :)

Rehearsal Must Haves:

A “dance” bag containing the following items:

- Dance shoes for all styles (Ex. Tap, jazz, ballet, hip hop sneaks, etc.)
- All black dance attire and black socks or DYPC/Danceworks tanks/tops “Dress for success ;)”
- Grooming essentials including deodorant, hair ties, toothbrush, etc
- A creative journal & a pen: For remembering notes, writing out thoughts, doodling, collaging, keeping a creative space for you to note things that inspire you
- Your DYPC member folder: To collect handouts and remember to take home to parents
- Water bottle
- Light snack (if you have rehearsal/class for longer than 2 hours)

Helpful Definitions:

Material - Movement, choreography, content being worked on and developed

Process - The road taken to develop a new work of dance

*NOTE: All processes differ. It depends on the “style” of show, goal of performance and the choreographer’s approach.

Piece - A number, routine, work of dance

Arrival

Phone should be put away and on silent before entering the room. When you enter the room put all belongings to the side. Say “hello” to your dance peeps and come away from the wall. Claim your space in the room. Begin to warm up gently as you quietly socialize until start time. It is also appropriate to review material.

What to expect

Rehearsal is NOT class, hence why attending your regular technique classes is so important. In rehearsal, we often start by touching base and addressing the plan for the day. At the beginning of each rehearsal, the group warms up as a company. Technique, skills or combinations in preparation for material in process may be introduced but the primary goal is to build routines, develop shows, and rehearse company. In rehearsal, movement is learned, learned sections/pieces ran for stamina, and cleaned in preparation for performance.

DYPC (generally) has 3 types of performances:

1. A concert: A theme or idea danced cohesively with varying style/quality with a goal to bring to life the idea or theme. Created with artistry. Not defined by use of certain style/technique. (Ex: DanceLAB teen, Halloween, think DPC)

2. A recital/showcase: A demonstration of technique/skills made to fit under a certain theme

3. Outreach/individual performance of #s/pieces at an event: Performing individual #s for the community. Sharing. Spreading the love of dance with others and in new environments.